

Live Your Legacy

SPRING 2022

Resilience Tested, World Ready

When the COVID-19 pandemic upended the Class of 2020's final semester and commencement, Northeastern University's newest alumni persevered—and their tenacity impressed Carol Roberts, BB'60.

"We who graduated so many years ago are inspired by your hard work," Carol said in her annual address to scholarship recipients at Bouvé College of Health Sciences. "Your resilience has already been tested."

Carol attended Bouvé when it was known as Boston-Bouvé School of Physical Education at Tufts University before it found a permanent home at Northeastern in 1964. "At Bouvé, students played different sports so that they could learn physiology," Carol says. "That appealed to me, and the faculty were supportive and inspiring."

For more than a century, Bouvé's faculty have combined lessons on exercise, body mechanics, and rehabilitation with an emphasis on public service. Today, Carol credits her instructors with preparing her for roles as a physical education teacher at Mount Holyoke

College, a psychology teacher and dean of social sciences at Springfield Technical Community College.

In gratitude, Carol established the Boston Bouvé Faculty Scholarship to honor physical education and physical therapy faculty who taught in the 1950s and 1960s, and to support students in the physical therapy program. She also created five charitable gift annuities at Northeastern, which provide retirement income, tax savings, and future funding for the Boston Bouvé Faculty Scholarship.

"The faculty was exceptional and encouraged students to do their best," Carol says. Now she, too, is helping to ensure success for current and future generations of Bouvé students.



Carol Roberts, BB'60



For the full story on Carol Roberts, please visit
plannedgiving.northeastern.edu/supporters-like-you/carol-roberts.



The Benefits of Giving in Your Will

You know a will is vital when it comes to distributing your assets to the people and causes you care about, but did you know that creating one has personal benefits?

HERE'S HOW INCLUDING A GIFT IN YOUR WILL BENEFITS YOU:

- 1 It can lessen anxiety.** Thinking and planning ahead can make it less daunting to talk about what happens when you're gone. How? It gives you reassurance that the people and causes close to your heart are taken care of.
- 2 It can lend perspective.** Taking stock of what's important can help you focus on your goals and be more aware of how you want to impact the world.
- 3 It sets an example.** Your gift can be an inspiration. Your story can have a ripple effect on your loved ones or others who you share it with.
- 4 It just feels good.** Giving makes you feel good. Really, it does. Research shows that the act of giving reduces stress-related activity in one area of the brain while increasing reward-related activity in another.



I Can Help

Contact Patty Boutiette when you're ready to discuss how your will can help Northeastern.



A Personal Record: Estate Planning You Can Do at Home

Show Them You Care

Learn more about planning for your family's future in the FREE guide *A Personal Record: Estate Planning You Can Do at Home*. Request your copy using the enclosed reply card today to receive this helpful organizer tool.



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